

FAMILY PRAYERS

“A family that prays together
stays together”

St Teresa of Calcutta



OUR FATHER

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass
against us.
And lead us not into temptation;
but deliver us from evil.
Amen.

HAIL MARY

Hail Mary, full of grace.
The Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy
womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

GLORY BE

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now and ever shall be,
world without end.
Amen.

BEFORE MEALS

Bless us, O Lord, and these Thy
gifts which we are about to
receive through Thy bounty.
Through Christ our Lord. Amen.

BEFORE GOING TO BED

I adore You, my God,
and I love You with all my heart.
I give You thanks for having
created me, for having made me
a Christian, and for having
preserved me this day.
Pardon me for the evil I have
done today; if I have done
anything good, humbly accept it.
Keep me while I take my rest
and deliver me from all dangers.
May Your grace be always with
me. Amen.

MEMORARE

Remember,
O most loving Virgin Mary,
that never was it known that
anyone who fled to your
protection, implored your help
or sought your intercession, was
left unaided.
Inspired by this confidence,
I fly unto you, O Virgin of virgins,
my Mother.
To you do I come, before you I
stand, sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions, but in
your mercy hear and answer me.
Amen

PRAYER OF FATHER DE GRANDMAISON

Holy Mary, mother of God, preserve in me the heart of a child, pure and clean like spring water; a simple heart that does not remain absorbed in its own sadness; a loving heart that freely gives with compassion; a faithful and generous heart that neither forgets good nor feels bitterness for any evil.

Give me a sweet and humble heart that loves without asking to be loved in return,

happy to lose itself in the heart of others, sacrificing itself in front of your Divine Son;

a great and unconquerable heart which no ingratitude can close and no indifference can tire; a heart tormented by the glory of Christ, pierced by His love with a wound that will not heal until heaven.

Amen.

HOLY ROSARY

Joyful Mysteries

(Mondays, Saturdays)

1. Annunciation to Mary
2. Visitation to Elizabeth
3. Nativity of Jesus Christ
4. Jesus presented at the Temple
5. Finding of Jesus in the Temple

Luminous Mysteries

(Thursdays)

1. Baptism of Jesus
2. Jesus' first miracle at Cana
3. The proclamation of the Kingdom and the call to conversion
4. Transfiguration of Jesus
5. Institution of the Eucharist

Sorrowful Mysteries

(Tuesdays, Fridays)

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning with Thorns
4. Carrying of the Cross
5. Crucifixion

Glorious Mysteries

(Wednesdays, Sundays)

1. The Resurrection of Jesus
2. The Ascension of Jesus
3. The coming of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary

ANGELUS

The angel of the Lord declared unto Mary
And she conceived by the Holy Spirit

Behold the handmaid of the Lord
Be it done to me according to Thy word

And the Word was made flesh
And dwells among us

Hail Mary, full of grace
The Lord is with thee
Bless art thou among women
And blessed is the fruit of thy womb Jesus
Holy Mary, mother of God
Pray for us sinners
Now and at the hour of our death
Amen.

Pray for us O Holy mother of God
That we may be made worthy of the promises of Christ

Let us pray.
Pour forth we beseech Thee O Lord Thy grace into our hearts,
that we to whom the incarnation of Christ Thy Son
was made known by the message of an Angel,
may by His passion and cross be brought to the glory of His resurrection.
Through Christ our Lord.
Amen.

Glory be to the Father, and to the Son and to the Holy Spirit
As it was in the beginning is now and ever shall be,
world without end. Amen.